Bears and Bedtime Reading

Bears are a favorite character for authors to use in children’s story books. From teddy bears to pandas, bears have a special quality about them that endears them to children. There are many varieties of bears from around the world that children can read about in nonfiction books. Children enjoy learning about what bears eat and how they live.

Bears hibernate in the winter. Hibernation is an interesting sleep pattern that can teach children about seasons of the year. It can also lead to discussions about bedtime.

Bedtime can be a struggle for some children, but developing routines can help them go through the motions with less fuss. Spending time reading with your child is an especially comforting way of getting ready to go to sleep.

http://iheartorganizing.blogspot.com/p/free-printables.html

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Featured Book

*Corduroy*, by Don Freeman

Poor Corduroy! No one will buy him because his overalls are missing a button. So late one night, the teddy bear leaves his shelf and explores the department store in search of his button. He has many adventures before the night watchman discovers him and returns him to his shelf. The next morning is his lucky day! Lisa looks past Corduroy’s missing button and sees a friend to love.

More books for snuggling up with...

*Goldilocks and the Three Bears*, by James Marshall

*Bear Snores On*, by Karma Wilson

*Can’t You Sleep Little Bear?* by Martin Waddell

*Time for Bed*, by Mem Fox

*Bear Has a Story to Tell*, by Philip C. Stead


*A Book of Sleep*, by Il Sung Na

*Old Bear*, by Kevin Henkes
More fun with **Corduroy...**

**Around the house...** Corduroy is a common fabric and comes in different colors and thickness. Have your child feel different fabrics around the house and describe them to you.

**Math connection...** Sorting a collection of buttons is an excellent way to begin looking at how objects are alike and different. Choose a button from your collection. Ask your child, “Can you find a button that is the same as mine?” (color, size, holes, etc.)

**Talk about it...** Ask questions about the book, such as these:

- Why didn’t anyone want to buy Corduroy?
- How did Corduroy feel at the beginning of the story?
- Why did Lisa want to buy Corduroy?
- How did Corduroy feel at the end of the story?

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**Fingerplay**

**Five Little Bears**

(count each bear on a finger)

Five little bears sitting on the ground.
The first one said, “Let’s have a look around.”
The second one said, “I feel rather funny!”
The third one said, “I think I smell honey.”
The fourth one said, “Shall we climb up the tree?”
The fifth one said, “Look out! There’s a bee!”
So the five little bears went back to their play,
And decided to wait ‘till the bees flew away.