

CALL FOR IDEAS!

2016 CSLP Adult Summer Library Program Manual

Theme: *Wellness, Fitness, Sports*

Slogan: **Exercise Your Mind – Read**

Deadline: Friday, November 23, 2014

Send to:

Rhonda K. Gould, editor

rhondakgould@gmail.com

812 North Steele Street

Tacoma, WA 98406

Below you'll find some of the ideas suggested at the spring CSLP conference for the "Exercise Your Mind – Read," the slogan for the 2016 Summer Library Program's Wellness, Fitness, Sports theme. Other ideas are most welcome!

If you have presented a program on one of the following topics or have ideas for others programs or decorating/display ideas, send them in with details along with any special space needs or personnel. Portable program ideas, ideas for reaching underserved populations are needs as are crossword puzzles, quizzes or other reproducibles.

Exercise Your Mind:

Books That Move You

Walk, Run, Read

Eat, Move, Read

Eat Well, Be Well, Read Well

Read for Your Life

Reading – a Healthy Habit

Move It, Read It, Love It

Healthy Minds Read

Get Up and Read

A Book a Day

Programming ideas:

Moving body helps brain health

Passive programs are the easiest way to get started

Partner with academic libraries for a One Book/One Read
Adult programmers can speak at town meetings
Partner with the Library for the Blind
Outreach in Prisons
Partner with the Cooperative Extension Service
Read down fines
Partner with homeless shelters
Include family activities
Walk and Talk
Fun Run or Fun Walk
Pair teens with adults (especially older adults) to teach how to use cell phones
Read Aloud Book Club at assisted living facilities

Manual suggestions:

Have a reading record that says reading aloud to child "counts"
Crossword puzzles, mind games (make Alzheimer's connection)
Provide book mark with rating system (stars, numbers) for books, movies. Easier than getting people to write reviews.
More reproducible for adults