

## October 25

*The Language of Baklava* by Diana Abu-Jaber

The Language of Baklava is a memoir with recipes—a delightful testament to the deep connections between food, identity, and memory. In a series of narrative vignettes, Abu-Jaber chronicles a childhood shaped by both Arab (Iranian and Jordanian) cultures and American culture as she traces her history as a young woman trying to find her place within the pull of various traditions.

## November 15

*The Tummy Trilogy* by Calvin Trillin

The Tummy Trilogy is a collection of 17 essays that take a wry look at regional American cooking. The opinionated author admits his preference for quirky local cuisine and his affection for people who live for food. An all-out, no-apologies celebration of the pleasures of good unpretentious food and the wonderful things people do in the name of finding a good meal.



This program is made possible by the Idaho Humanities Council, the National Endowment for the Humanities, a generous gift from U.S. Bank, and administered by the Idaho Commission for Libraries.



**Ada Community Library**

**10664 W. Victory Road, Boise**

Tuesday evenings from 6 p.m. to 7:30 p.m.

## Reading Selections

**September 13**

*Choice Cuts* by Mark Kurlansky

**October 4**

*Climbing the Mango Tree* by Madhur Jaffrey

**October 25**

*The Language of Baklava* by Diana Abu-Jaber

**November 15**

*The Tummy Trilogy* by Calvin Trillin

**December 6**

*We Are What We Ate* by Mark Winegardner



## We Are What We Eat

---

### September 13

*Choice Cuts: A Savory Selection of Food Writing from Around the World and throughout History* by Mark Kurlansky

Choice Cuts is a wide-ranging anthology of writing about food, spanning the ancients (Plato is represented here, discussing food as medicine) to the turn of the 21st century (Mimi Sheridan writes about bialys, Jewish onion rolls).

### October 4

*Climbing the Mango Tree* by Madhur Jaffrey  
Climbing the Mango Tree is a delightful memoir of the author's childhood in mid-twentieth-century Delhi, India. Madhur Jaffrey's wealthy family lived in an extended-family compound, and her life was rich in cousins, aunts, and uncles



### December 6

*We Are What We Ate: 24 Memories of Food*  
A smorgasbord of personal essays in which well-known writers share their memories of eating. Funny, touching, nostalgic, irreverent, and delightful reading, they also introduce readers to larger questions about food-related behavior and testify to the symbolic, as well as the nutritional, importance of eating.

