Adult Programming

Ideas That Work!

February 2017 – Info2Go!
Presenters

• Catherine Stanton – Adult Services, Madison Library District
• Jenniffer Hentzen – Head, Adult/Teen Services and Eliza Evans, Specialist, Adult/Teen Services, Idaho Falls Public Library
• Dian Scott – ICFL Let’s Talk About It Coordinator
• Sue Walker – Talking Book Service Coordinator
• Amelia Valasek – Career & Technical Education
Adult program attendance at Idaho public libraries has increased by 35% in the past five years.

Source: Idaho Public Library Statistics - FY15
The bearer and one guest shall be served chili at the Madison Library and adjoining lawn.

Saturday, July 31st
5:30 to 7:00 P.M.

Drawings will be held at 6:00 P.M.
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EXERCISE YOUR MIND

1800 PAGES
MENTAL STIMULATION

1200 PAGES
SOCIALIZATION

2400 PAGES
NUTRITION

600 PAGES
PHYSICAL ACTIVITY

3000 PAGES
SPIRITUALITY
### Alternate Activities for Asia

- 20 | Read a book that takes place in Asia
- 10 | Try a new dish from Asia
- 10 | Watch a film from or about an Asian country
- 10 | Plan a dream trip to Asia
- 10 | Eat with chopsticks
- 10 | Listen to a Ravi Shankar recording
- 20 | Research and perform a Japanese tea ceremony (using herbal tea is OK)
- 20 | *Take a lesson in tai chi, karate, or judo
- 10 | Drink butter tea (you can make it with cow butter if you can’t find yak butter)
- 10 | Make something with origami

### Alternate Activities for Europe

- 20 | Read a book that takes place in Europe
- 10 | Try a new dish from Europe
- 10 | Plan a dream trip to Europe
- 20 | Learn to dance a polka, landler, or tarantella
- 10 | Sing an opera or dance a ballet
- 10 | *Watch a film from or about a European country
- 10 | Attend a symphony
- 10 | Pretend a canoe or row boat is a gondola
- 10 | Eat Swiss, Dutch, or Belgian chocolate

### Alternate Activities for the Middle East

- 20 | Read a book that takes place in the Middle East
- 10 | Try a new dish from the Middle East
- 10 | Watch a film from or about the Middle East
- 10 | Plan a dream trip to the Middle East
- 10 | Listen to a recording by Ohm Kalsoum or Hakim
- 20 | *Take a belly-dancing lesson
- 10 | Walk like an Egyptian over a sand dune
- 10 | Race like a camel

### Alternate Activities for Africa

- 20 | Read a book that takes place in Africa
- 10 | Try a new dish from Africa
- 10 | Plan a dream trip to Africa
- 10 | Listen to a recording by Habib Koite or Ladysmith Black Mambazo
- 10 | *Watch a film from or about an African country
- 10 | Go on a photo safari at a zoo or park
- 10 | Learn an African dance
- 10 | Drink red bush tea
- 10 | Window shop for diamonds

### Alternate Activities for South America

- 20 | Read a book that takes place in South America
- 10 | Try a new dish from in South America
- 10 | Plan a dream trip to South America
- 10 | Learn to tango
- 10 | Listen to a recording of Carlos Gardel or pan pipes
- 10 | Watch a film from or about a South American Country
- 10 | Sip yerba mate
- 10 | Learn to throw bolaeadoras
- 10 | Shop at a Latin market

### Alternate Activities for North America

- 20 | Read a book that takes place in Canada or Mexico
- 10 | Try a new dish from a region you don’t know well
- 10 | Watch a documentary on an unfamiliar region
- 10 | Plan a dream trip to unknown area
- 10 | Attend a rodee
- 20 | Go square dancing
- 10 | Attend a blues or bluegrass concert
EXTRA TRAINING

Physical Activity
- Participate in an organized race or fun-run/walk.
- Go swimming.
- Take a hike.
- Take a long bike ride.
- Explore a new sport.
- Spend an hour dancing.

Socialization
- Attend a block party. (Add an additional 50 points if you host it.)
- Attend a concert or go to the theatre with a friend. (Add 50 points if it's at the library.)
- Read a book about improving communication or relationships.
- Bring a friend to a library event.

Mental Stimulation
- Create a work of art. (Add 50 points if you do it at a library event.)
- Take a lesson in a new language OR for 100 points, read a book in or about a new language.
- Read a book of narrative non-fiction.
- Learn to play an instrument. (Add 50 points if you do it at a library event.)
- Explore a new culture.
- Learn a new skill such as (but not limited to) knitting, bird watching, whittling, bookmaking, cutting hair, blacksmithing, sewing, sailing, woodworking, programming, playing the ukulele, home or car repair, belly-dancing, etc. (Add 50 points if you do it at a library event.)
- Attend a book discussion. (Add 50 points if it's at the library.)

Nutrition
- Try a new recipe.
- Read a food memoir.
- Eat 5 vegetables a day for 5 days in a one week period.
- Make it through a day without sugar.
- Drink ½ - 1 ounce of water for every pound you weigh per day for a week.

Spirituality
- Attend a yoga session.
- Read under a tree.
- Read with your feet in the water.
- Spend an hour star or cloud gazing. (Add 50 points if it's a library event.)
- Keep a journal for a week.
- Spend an hour with a cat, dog, horse, or other animal.
- Visit a National Park or Monument and get a passport stamp.
- Read a book on meditation, prayer, or other spiritually related subject.

Although the training tasks are roughly arranged according to goal areas, they can be completed at any time.

Any athlete able to complete all their training before July 15th, may contact Cathy or Bobba about admission to an extreme training program not for the faint of heart.
Brainy Bunch
Selected Readings

ALCHEMY – Selected Readings
540.1 BAR – Real Alchemy: A Primer of Practical Alchemy by Robert Allen Bartlett
Coeelho, Paulo – The Alchemist
Krentz, Jayne Ann – Copper Beach
Lackey, Mercedes – The Fire Rose
Stephenson, Neal – Quicksilver

CHEMISTRY – Selected Readings
540 SCH – Dr. Joe & What You Didn’t Know: 177 Fascinating Questions & Answers About the Chemistry of Everyday Life by Joe Schwarz
540.222 GON – The Cartoon Guide to Chemistry by Larry Gonick and Craig Criddle
BOATS - Selected Readings
551.462 HOH - Mady Duck: the True Story of 28,800 Bath Toys Lost at Sea and of the Beachcombers, Oceanographers, Environmentalists, and Fools, Including the Author Who Went in Search of Them by Donovan Hohn
621.8 WOD - The History of the Ship: The Comprehensive Story of Sailing from the Earliest Times to the Present Day by Richard Woodman
639.28 DOL - Leviathan: The History of Whaling in America by Eric Jay Dolin
639.54 GRI - The Lobster Chronicles: Life on a Very Small Island by Linda Greenlaw
910 CAL - Adrift: Seventy-six Days Lost at Sea by Steven Callahan
910 KIN - Ship of Gold in the Deep Blue Sea by Gary Kinder
910 ROB - Survive the Savage Sea by Dougall Robertson
910.4 HEY - Kon Tiki: Across the Pacific by Raft by Thor Heyerdahl
910.9163 TOU - The Finest Hours: The True Story of the U.S. Coast Guard's Most Daring Sea Rescue by Mike Tougas
NEW 363.123 EYE - Final Voyage: The World's Worst Maritime Disasters by Jonathan Evers
NEW 92 Roberts - If a Pirate I Must Be: The True Story of Black Bart King of the Caribbean Pirates by Richard Sanders

Forest, C.S. - Mr. Midshipman Hornblower
YA Meyer, L.A. - Bloody Jack: Being an Account of the Curious Adventures of Mary "Jacky" Faber, Ship's Boy

ANCIENT GREECE - Selected Readings
882.21 ARI - The Complete Plays of Aristophanes
883 HOM - The Iliad by Homer
888 ARI - The Art of Rhetoric by Aristotle
888 HAR - Harvard Classics: Plutarch's Lives of Thermistocles, etc.
NEW 92 ARCHIMEDES - The Great Archimedes by Mario Livio
NEW 920 LEO - Lippy Women of Ancient Times by Vicki Leon
Bradshaw, Gillian - The Sand-reckoner
Pressfield, Steven - Gates of Fire: An Epic Novel of the Battle of Thermopylae
Wolfe, Gene - Soldier of the Mist
YA Cooney, Caroline B. - Goddess of Yesterday
YA Roberts, Katherine - I am the Great Horse

SPEED - Selected Readings
629.4 WOL - The Right Stuff by Tom Wolfe
738.4 HIL - Seabiscuit: An American Legend by Laura Hillenbrand
738.4 MOO - Come on Seabiscuit! by Ralph Moody
92 HICKAM - Rocket Boys by Homer Hickam
920 WRI - The Bishop's Boys by Tom D. Crouch

Francis, Dick - Flying Finish

GENETICS - Selected Readings
572.8 KEA - The Violinist's Thumb and Other Lost Tales of Love, War, and Genius by Sam Keen
576 ROB - Genetics for Dummies by Tara Rodden Robinson
576.5 GON - The Cartoon Guide to Genetics by Larry Gonick and Mark Wells
635 PDL - The Botany of Desire: A Plant's Eye View of the World by Michael Pollan
92 MENDE - The Monk in the Garden by Robin Marantz Henig

NATURALISTS - Selected Readings
598.07234 KOL - To See Every Bird on Earth: A Father, a Son, and a Lifelong Obsession by Dan Koepel
598.07234 OBM - The Big Year: A Tale of Man, Nature, and Fowl Obsession by Mark Obmascik
917.87 CAR - Letters from Yellowstone by Jim Carrier
Barr, Nevada - Track of the Cat
Drayson, Nicholas - A Guide to the Birds of East Africa
Johnson, Shelton - Gloryland
Smith, Diane - Letters from Yellowstone
**Icelandic Cocoa Soup**

**Ingredients:**
- 3 tablespoons cocoa powder
- 3 tablespoons sugar
- 1/2 teaspoon cinammon
- 2 cups water
- 3 cups milk
- 2 tablespoons potato starch or 2 tablespoons cornstarch
- salt, to taste

**Directions:**
1. Mix the cocoa powder, sugar and cinammon in a saucepan.
2. Add the water gradually and stir until smooth.
3. Bring to a boil and simmer for 5 minutes.
4. Add the milk, reheat to boiling point and simmer for 2-3 minutes.
5. Mix the potato starch or cornstarch with a little cold water, stir into soup and remove from heat.
6. Salt to taste and serve.

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**Lamingtons**

Cake shaped sponge cake coated in chocolate and desiccated coconut. Sometimes has tw o halves with layer of cream or jam between – raspberry popular in New Zealand and lemon in Australia.

Lamingtons are a quintessential part of every aussie's childhood. The little sponge cake is dipped in chocolate scing and then rolled in desiccated coconut.

These little treats are sold at school fairs and bake sales around the country.

These days Lamingtons are also commercially produced however they don't taste as good as the homemade version.

To make these Lamingtons extra special you can fill them with fresh whipped cream and strawberry jam.

**Ingredients:**
- 2 cups of all-purpose flour
- 2 tsp of baking powder
- 1/2 tsp of sea salt
- 2 large eggs
- 1/2 cup of room temperature butter
- 3/4 cup of white sugar
- 1 tsp of pure vanilla extract
- 1/2 cup of milk
- 2 cups of icing sugar
- 1/3 cup of cocoa powder
- 5 tsp of butter
- Whipped cream for serving

**Preparation:**
1. Preheat the oven to 350°F (180°C).
2. Lightly butter an 8 inch square cake tin. Set aside.
3. In a large bowl, sift together the flour, baking powder and salt. Set aside.
4. In a separate bowl, use an electric beater to cream the butter and sugar mixture together until pale and fluffy.
5. Add the eggs one at a time to the butter/sugar mixture. Beat well after adding each egg.
6. Add the vanilla to the mixture and mix well to combine.
7. Next, use a spatula to alternatly add the flour mixture and milk, in three additions, starting with the flour.
8. Spread the batter into the cake tin, being sure it's evenly spread.
9. Bake in the oven for about 30 minutes. Test the center of the cake with a toothpick and make sure it comes out clean.
10. Coat the cake tin in the tin for about 5 minutes and then insert it into a wire rack to cool.
11. Once the cake has cooled cut it into squares of a desired size and place them in an airtight container. Pop the container in the fridge for at least 2 hours or even overnight.
12. Now for the icing. Place the icing sugar, cocoa powder, butter and milk in a heat proof bowl over a saucepan of simmering water.
13. Stir the mixture until it is smooth but still a bit thick. You don't want the liquid to get too thin otherwise the sponge cake won't absorb the coating.
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EXTRA TRAINING ACTIVITIES

100 Read a book about or set in a National Park.
100 Read a book about a park ranger.
100 Read a biography of an athlete.
100 Read a book about or set in Greece.
100 Read a book about or set in Brazil.
50 Plan a trip to a national park of Greece.
50 Plan a trip to a national park of Brazil.
100 Visit a unit of the National Park Service and attend a ranger led activity.
extreme
book nerd
Idaho Falls Public Library’s

**Extreme Book Nerd...**

- ...was inspired by a list from POPSUGAR in 2014
- ...is IFPL’s most popular program to date
- ...is a serious book challenge for adults and teens
  
  *(and children now)*
50 books in 50 weeks

The Rules for 2017...

• Extreme Book Nerd Challenge runs January through December 21, 2017.
• One book per category, one category per book, for a total of 50 books in 50 weeks, to be read by December 21, 2017.
• All books read for the Challenge will be recorded in your Extreme Book Nerd reading log:
  • To be rewarded for finishing the Extreme Book Nerd Challenge, you will have to return to the Library and have a Library staff member sign off on your completed categories in your Extreme Book Nerd reading log by December 21, 2017.
  • Reading logs can be in any form, you just need to be able to show it to a Library staff member when you are done. Examples include a website, a spread sheet, a journal, a typed list, etc.
• Books read for other reading programs and book clubs can be counted toward this challenge as long as they fit into one of the categories (i.e., summer reading program, winter reading program, book clubs, school assignments, etc...) and are done by December 21, 2017.
• Audio books can be counted toward the challenge for Adult readers; unfortunately, audio books will not count for our Teen readers.
• All books finished before December 21, 2017 can be counted toward this challenge.
• Participants who completely finish the challenge by December 21, 2017 and return their reading log to the IFPL will receive an exclusive IFPL BOOK NERD ZIP-UP HOODIE.
• Teens need only to complete 25 of the categories in the Challenge to be awarded the Book Nerd zip-up hoodie. Books read beyond the required 25 will not be counted toward another challenge nor will a 2nd prize be awarded.
The Prizes
Year One... 2015

signed-up: 1,110
finished: 338
prize: hoodie

lesson learned:
stress the end date...

repeatedly
Year Two... 2016

signed-up: 947
finished: 227
prize: big bag

lesson learned:
people like apparel best
signed-up: 796

finished: tbd

prize: hoodie

lesson learned:

people are too literal...
Things you need...

• Book lists for every category
• Strong readers advisory staff
• Firm boundaries... and soft boundaries at the same time
• Kindness and patience...
• Great prizes
• Facebook group
711 members in the Group

Over 200 requests to join the group just in 2017

Why? What?
Thanks

Jenniffer Hentzen
Head of Adult/Teen Services
jhentzen@ifpl.org

Eliza Evans
Adult/Teen Program Specialist
levans@ifpl.org

You can reach both of us at **208-612-8460**
ADULT PROGRAMMING

WHAT WORKS?
Promotion is key:

- Library display—staff directing guests to display, answering questions
- Ad in local paper, press release, posters around town
- Talk about it on local radio
- Blog on the website; social media (Facebook); e-mail
- Partner with local business, book clubs, Friends of the Library, agencies
  - Historical Society for Civil War theme, for example
  - Local café or restaurant for food theme, for example
- Newsletter articles, fliers, brochures, bookmarks, posters
- Volunteers informed to spread the word
  - BOTTOM LINE – WORD OF MOUTH IS STILL THE BEST ADVERTISING!
Active participation – invest in the success of the program

For example:

- Call scholars or program leaders and confirm date, time, location, directions, etc.
- If possible, offer treats (cookies, coffee, tea, hot chocolate, etc.)
- Library staff person attends and helps encourage discussion; welcoming environment
- Library stresses that participants attend all sessions to tie books/theme or program sessions together
- Have participants suggest future programs
- Collect evaluations for participant input
Think outside the library box:

- What about a Facebook streaming live event?
- What about Adobe Connect or other meeting tools for remote attendance?
- What about offsite opportunities?
Audio Books:
75,500 titles
93,000 copies

Braille: 25,000 titles

Download more than 70,000 digital books and 16,000 Braille Books
Welcome to the Idaho Talking Book Service online catalog.
Use this catalog to identify titles, request titles be mailed to you, or link to BARD to download titles.

Use the Search screen to search by author, title, or subject. The Browse screen links to specialized catalogs such as titles recorded by the Idaho Talking Book Service, titles recorded by Talking Book libraries in other states, and recently acquired titles.

Are you interested in Adventure? Check out these titles!
How about Pioneer life? Take a look at these Idaho Pioneers
And for those who prefer nonfiction, these Nonfiction titles might just hit the spot
Talking Book Service
users receive FREE:

• Books and magazines in audio or Braille format
• Audio player
• Access to BARD and OPAC
• Mailing of all materials
• Toll free number for Reader’s Advisory and technical support:
  (800) 458-3271
Who Qualifies?

Anyone who cannot read standard print who is:

• Legally blind

• Unable to read standard print without aids other than glasses

• Physically unable to hold a book or turn the pages

• Unable to read due to a brain condition
What types of brain conditions?

Must be a physical condition which affects the brain’s ability to process information.

Examples include stroke victims, brain injuries, and some forms of dyslexia.
TO HELP SPREAD INFO ABOUT THE TALKING BOOK SERVICE
Registering Users

1. Download an application at: http://libraries.idaho.gov/page/eligibility-applications
2. Help the applicant complete the application.
3. Certify the applicant by completing the section on the bottom of page 2
4. Mail the application to TBS at ICfL (free postage for the blind)
Marketing TBS

Promote the Talking Book Service within your community! Share information on the program with a brochure or display or identify organizations within your community who work with those requiring reading alternatives.

- **Talking Book Brochure**: Available in both English and Spanish, this brochure outlines the service and allows the reader to request an information packet.
- **Talking Book Display**: Spice up your display area with one of three eye-catching displays. They are portable, fit in most spaces, and come with their own multimedia package. Even better, they are shipped free to and from your library. When requesting, please specify if you want the tabletop or floor version.
- **Talking Book Service order form**: Order your brochures, check out the display or request Talking Book player and books.
- **Talking Book Content Database**: Identify individuals and organizations within your community to partner with in serving those requiring print alternatives.
- **Press Releases**: Publicize your library's resources and services that are usable by those unable to read standard print.

**Talking Book Awareness Day**: This year is the 50th anniversary of the creation of the National Library Service which supplies the audio books, magazines, and equipment for the Talking Book Service. Help us recognize this important milestone on Thursday, March 3. Libraries are invited to create a TBS display during the week of February 28-March 4. Register and we'll send you everything you need for the display—all you have to do is set it up!

- TBS posters
- Brochures in English and or Spanish
- Applications
- A digital player
- Digital books including a book with 4 locally produced titles from your library's region of the state

TBS can supply posters, brochures, application packets, even a player and book for demo purposes to promote the program. Promotional materials can be requested online.
For more information about TBS, contact:
Sue Walker: (800) 458-3271
Sue.walker@libraries.idaho.gov

Information Webinar

Idaho Adult Education – FY18 Grant
Grant Overview

- **Authority** – WIOA of 2014
- **State Agency** – Idaho Career & Technical Ed.
- **Purpose** – Adult Education Programs
- **Funding Period** – minimum of 2 years:
  - July 1, 2017 – June 30, 2018
  - July 1, 2018 – June 30, 2019
- **Application Due** – March 15, 2017
- **Funding Notifications** – May 2017
Important Definitions

• Adult Education and Literacy
  • Academic and contextualized instruction
  • Read, write, and perform mathematics
  • Secondary credential, college readiness, and employment

• English Language Acquisition, (aka “ESL”)
  • Focused on English language fluency
  • Assist English language learners with reading, writing, and speaking English
Funding Streams/Programs

• Section 231 – Regional Adult Education Programs
• Section 225 – Adult Education for Incarcerated Individuals
• Section 243 – Integrated English Literacy and Civics Education
Funding Streams/Programs

- Section 231 – Regional Adult Ed. Programs
  - One grant awarded per region
  - $236K - $858K each year (depending on region)
  - Selected applicant must be willing and able to provide services throughout the entire region
Funding Streams/Programs

• Section 225 – Adult Education for Incarcerated Individuals
  • May award multiple grants throughout Idaho
  • $115K available statewide. Grant amounts will depend on the number of fundable applications we receive
  • Selected applicants must only spend grant funds on adult education for incarcerated individuals
Funding Streams/Programs

• Section 243 – Integrated English Language and Civics Education
  • May award multiple grants, per region
  • $13K – 83K available per region. Grant amounts will depend on the number of fundable applications we receive.
  • Selected applicant must provide ELA & Civics instruction, and must be in combination with IET.
Eligible Entities

• Any entity with demonstrated effectiveness in providing adult education and literacy activities, which may include:
  • A local educational agency
  • CBO or Faith-based
  • Volunteer Literacy Org.
  • Institution of Higher Education
  • Public or Private Nonprofit
  • Library
  • Public Housing Authority
  • Other nonprofit institution with ability to provide Adult Ed.
  • Consortium of above entities
  • Partnership between above entities and an employer
Questions?

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https://cte.idaho.gov/wioa-title-ii-grant/
Maker Space Communities and Their Futures

Amy Vecchione – ILA Encore Presentation
March 6 at 12:30 pm Mountain Time – 11:30 am Pacific Time