



# Read to Me News

From Your Public Library & Idaho's Read to Me Program

## Phonological Awareness

To understand a spoken language, a child must be able to hear and distinguish the sounds that make up the language.

To help develop phonological awareness:

- Read and share nursery rhymes and bouncy rhymes with your child.
- Sing songs with your child every day. Songs naturally break words into syllables and are a fun way to learn about word sounds.
- Say rhymes and sing songs in the language most comfortable for you.
- Talk with your child throughout the day.

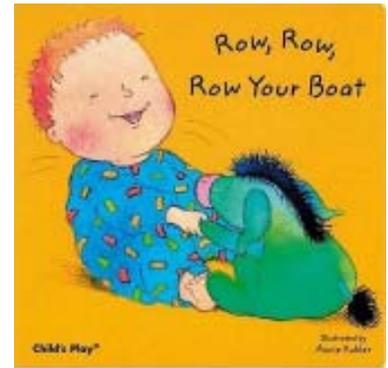
Most children who have an understanding of phonological awareness have an easier time learning to read. Children's author Mem Fox says that children who know six nursery rhymes by the time they are six years old are often good readers!

Think about how many nursery rhymes you know. Here's a list to get you started. Check your library for the words if you can't remember!

- Baa Baa Black Sheep
- Pat-A-Cake
- This Little Piggy Went to Market
- Trot Trot to Boston
- Wee Willie Winkie
- Little Boy Blue
- Hickery, Dickery Dock
- Jack and Jill
- Little Miss Muffet

## Book of the Month

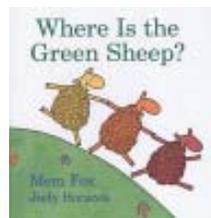
**Row, Row, Row Your Boat**, illustrated by Annie Kubler.



This board book series features predictable and rhyming texts and happy faces. There is one line of the story/song on each page and the back cover contains the entire song printed in musical notation. These are great books for very young children. Ask your librarian for more by Annie Kubler.

Here are some other books you and your child may enjoy:

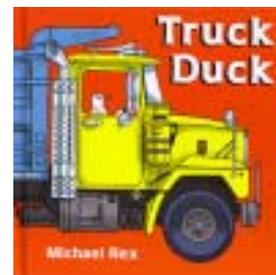
**Where Is the Green Sheep?** by Mem Fox



**Little White Duck**, by Bernard Zaritzky and Joan Paley

**Humpty Dumpty: And Other Rhymes (My Very First Mother Goose)**, by Iona Opie and Rosemary Wells. There's a whole series of board books by this author and illustrator pair and they're all great.

**Truck Duck**, by Michael Rex

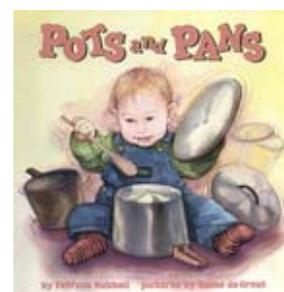


**Lucy Cousins' Big Book of Nursery Rhymes**, by Lucy Cousins

**Peek-a-Moo!** by Marie Torres Cimarusti

**Oh Where, Oh Where?** by John Prater

**Pots and Pans**, by Patricia Hubbell



## What are some fun things to do with my baby every day?

### In the morning:

Have a wake-up song you sing every morning. Play simple fingerplays when you're dressing your baby. Leave time to snuggle with a book before starting the day.

### In the afternoon:

Take walks and talk about what you see and what's happening around you. Visit the public library to borrow books for you and your baby. Find out if there are programs for babies and parents in your community. Sing songs and play music, move and dance with your baby. Have favorite books to read when returning home after being at work or on errands.

### In the evening:

Talk to your baby while you're making dinner. Have conversations during dinner about what you and your baby did all day. Sing favorite songs as you give your baby his bath. Read books before your baby goes to sleep.

## Why should I read to my baby?

Reading to your baby will:

- Introduce sounds, words and language
- Provide a chance for closeness and cuddling
- Instill a love of books and language
- Stimulate her imagination
- Bridge the gap between adults and children
- Open up new worlds
- Make him want to learn to read because it helps him love books



## Rhymes of the Month

### Rub-A-Dub-Dub

Rub-a-dub-dub,  
Three men in a tub;  
And who do you think the  
The butcher, the baker,  
The candlestick maker;  
And all of them gone to sea



### Rub-A-Dub-Dub II

Rub-a-dub-dub,  
Three friends in a tub;  
And who do you think they be?  
There's (child's name), and (child's name), and  
(child's name), too;  
And all of them gone to sea!



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