Playing With Words...

To understand a spoken language, a child must be able to hear the different sounds and parts of the words that make up the language. By playing with words, children develop “phonological awareness.” Most children who have phonological awareness have an easier time when they begin to learn to read.

Here’s what you can do:

• Sing songs with your child every day. Songs naturally break words into syllables and are a fun way to learn about word sounds. In most songs, each syllable in a word gets a different note.

• Say nursery rhymes so that your child hears words that rhyme. Emphasize the rhyming words.

• Add actions, such as clapping, as you sing a song or recite a poem. This helps your child break down language into separate words.

• Make up your own nonsense rhymes and silly songs.

• Play word games with your toddler, such as “What sounds like ‘ran?’” or “What starts with the same sound as ‘ball?’”

• Read and re-read stories your child enjoys.

• Talk with your young child throughout the day.

• Say rhymes and sing songs in the language most comfortable for you.

Book of the Month

The Real Mother Goose a board book by Scholastic, illustrated by Blanche Fisher Wright

This sturdy board book, just the right size for little hands, contains 15 favorite nursery rhymes your young child will love reading with you again and again. The last two rhymes, Bedtime and Wee Willie Winkie, will help get little ones in the bedtime mood!

More rhyming books:

Up, Down and Around, Katherine Ayers

The Pout-Pout Fish, Deborah Diesen

My First Action Rhymes, Lynne Cravath

This Little Piggy: Lap Songs, Finger Plays Clapping Games and Pantomime Rhymes, Jane Yolen and Will Hillenbrand

Down By the Bay, Raffi

More nursery rhyme books:

My Very First Mother Goose, Iona Opie

Baby Goose, Kate McMullan

Whatever Happened to Humpty Dumpty: and other Surprising Sequels to Mother Goose Rhymes, David Greenberg
More fun with *The Real Mother Goose*…

**Rhyme Time:** Choose two words from one of the nursery rhymes in the book, such as wall and fall. Say them several times with your child and explain that these words *rhyme*, they sound alike. Help your toddler think of other real and nonsense words that rhyme with wall and fall (call, tall, jall, pall).

**Out and about:** Often young children have a word or sound that they say again and again just because it’s fun. Some toddlers love to make animal sounds such as *baa*, *meow*, or *woof*. Catch your toddler’s attention by repeating the sounds he likes to say. Then change the first letter to make a new silly word: *Baa-baa* becomes *la-la*.

**Music and movement:** Put some rhythm into these rhymes! Bounce, clap, tap, stomp, drum, jump, snap… Giving each part of the word a beat will help your young child learn to break words into syllables.

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**Sing Silly Songs**

**Row, Row, Row Your Boat**

Row, row, row your boat  
Gently down the stream.  
Merrily, merrily, merrily, merrily,  
Life is but a dream.

*Now make up new words to the song…*  
Row, row, row your car…

*Or make up silly words…*  
Tow, tow, tow my goat…

*Nonsense words…*  
Bow, bow, bow my doat…

Sing about where you are going or what you are doing…

Wash, wash, wash my hands…
Walk, walk, walk to school…

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**What your library can do for you…**

Ask your librarian about story times and other programs that are offered for babies and toddlers. Most story times for young children focus on rhymes and sounds.

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**Online Resources**

Denver Public Library’s podcasts of nursery rhymes and other stories:  
http://podcast.denverlibrary.org/

Sites with nursery rhymes and activities:  
www.teachersandfamilies.com/nursery/index.html  
www.rif.org/leadingtoreading/en/

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