Talk, Talk, Talk!

Children need to know the meaning of words in order to understand what they are reading. Research shows that young children who have spent a lot of time “talking” with adults learn more words, and this helps them become better readers. Knowing many words will help your child recognize and understand written words and language when it is time to learn to read.

The best way to help your children learn lots of words is to talk and read with them. Studies show that children whose parents talk to them a lot will better understand what they read later on.

- Encourage babies to communicate with you by repeating their cooing sounds back to them. “Ba ba ba.” “Ga ga ga.”
- Tell your baby or toddler what you are doing as you go about your daily activities. “I’m getting cereal because I can see that you are hungry.” “It’s cold outside, so we are putting on your coat and hat!” Describe what your baby is doing. “You’re smiling! I see you are happy today.”
- Speak in the language that is most comfortable for you.
- Read to your child every day. Children’s books have more rare words than everyday conversations. Talk about the stories and pictures in books.

Book of the Month

*Big and Little*, by Samantha Berger and Pamela Chanko

This book is full of photos that will help your young child compare things that are big and things that are little. Opposites are a concept that need to be practiced for young minds to be able to use them.

Babies and toddlers love to look at books that have photographs of real things. Visit your local library to find more books with photos!

More great books to help your little one build words:

- *Chugga Chugga Choo Choo*, by Kevin Lewis
- *Dear Zoo*, by Rod Campbell
- *Freight Train*, by Donald Crews
- *From Head to Toe*, by Eric Carle
- *I Like It When*, by Mary Murphy
- *I Spy* (series), by Walter Wick
- *I Went Walking*, by Audrey Wood
- *Where Is Baby’s Bellybutton?* by Karen Katz
- *Yummy Yucky*, by Leslie Patricelli
- Any book!
More fun with *Big and Little*...

**Math connection...** There are many ways to measure things. At this age children measure things by comparing size, length and weight. Find two objects around the house. Help your child compare them by using “opposite” words, such as "big and little," “fat and skinny," “heavy and light," or “short and tall.” This activity helps children build vocabulary.

**Speak Up**

All children learn at different rates, but here are some general speech milestones for babies and toddlers. If you have concerns that your child has not reached a milestone you should talk to your doctor sooner rather than later.

### Language Milestones—Birth to Three

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Milestone</th>
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<tbody>
<tr>
<td>0-6 months</td>
<td>Back and forth noises, tuning in to parents and caregivers</td>
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<tr>
<td>4-12 months</td>
<td>Babbling, tries to repeat your sounds</td>
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<tr>
<td>6-15 months</td>
<td>Imitating, trying to communicate by gestures, has 1—2 words, such as ma-ma, da-da, etc.</td>
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<tr>
<td>10-18 months</td>
<td>First words, meaningful gestures, has 4-6 words</td>
</tr>
<tr>
<td>15-24 months</td>
<td>Putting words together, makes two-word phrases, has about 50 words</td>
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<tr>
<td>24-36 months</td>
<td>Has a word for almost everything, makes three-word sentences, has 250—900 words</td>
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</tbody>
</table>

Compiled from *Talk to Me Baby*, by Betty Bardige, and the Lucile Packard Children's Hospital at Stanford.

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**Action Song**

**Itsy Bitsy Spider**

The itsy bitsy spider crawled up the water spout.  
Down came the rain and washed the spider out.  
Out came the sun and dried up all the rain.  
And the itsy bitsy spider crawled up the spout again.

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**What your library can do for you...**

Your library, in cooperation with the Idaho Commission for Libraries, now offers free “storytimes online” every day of the year. Each day features an online book to read with your child, as well as songs, rhymes, fingerplays, videos, crafts, and other activities that you can access from a computer or Smartphone. Visit today!

[DayByDayID.org](http://DayByDayID.org)  
**STORYTIMES ONLINE**

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