Talk to Me

Research shows that babies and toddlers who have spent a lot of time “talking” with adults learn more words, and this helps them become better readers later on. Knowing many words will help your child recognize and understand written words and language.

To help your young child build words:

- Talk to your child, a lot! Research shows that parents who talk to their children more often have children with larger word banks, or “vocabulary.”

- Encourage babies to communicate with you by repeating their cooing sounds back to them. “Ba ba ba.” “Ga ga ga.”

- Tell your baby what you are doing as you go about your daily activities. “I’m getting cereal because I can see that you are hungry.” “It’s cold outside, so we are putting on your coat and hat!” Describe what your baby is doing. “You’re smiling! I see you are happy today.”

- Speak in the language that is most comfortable for you.

- Read to your child every day. Children’s books have more rare words than everyday conversations. Talk about the stories and pictures in books.

Parents and caregivers who talk to their children throughout the day are giving them a gift. The language they learn will help them enjoy and understand the world, and help them to become lifelong learners.

Book of the Month

I Spy: Little Book, by Jean Marzollo, photos by Walter Wick

This bright and fun book invites toddlers and preschoolers to find hidden objects by using the rhyming clues. A great opportunity to share and talk with your little one!

Here are some more good books to help your child build words...

Big and Little, Samantha Berger
Boats, Byron Barton
Can You Hop? Lisa Lawston
Construction Zone, Tana Hoban
Dinosaur Roar! Paul and Henrietta Stickland
Look Look! Peter Linenthal
Touch and Feel Baby Animals, by DK Publishing
What Can You Do in the Rain? Anna Hines

Bilingual:

¡Libro!/Book! Kristine O’Connell George
My Food/Mi comida, Rebecca Emberley
My Garden/Mi jardín, Rebecca Emberley
Bright Baby: Colors/Bebé listo: colores, Roger Priddy
More fun with *I Spy: Little Book*

**Around the house...** Older toddlers: Fill a clear plastic water bottle halfway with rice. Add a few small beads or buttons of different colors and shapes. Add a little more rice, so that the bottle is about 2/3 full. Glue, then tape the cap on so that your toddler cannot open the bottle. When the glue is dry, ask, “Can you find the blue bead?” “Can you find the square button?” Let your toddler tip and turn the bottle to try to find the objects inside the rice. Always monitor your child with this toy.

**Sharing books with your baby:**

- **Pick the best time.** The best time is when you and baby are in a good mood.
- **Show baby the book.** Point to the pictures and talk in your most exciting voice.
- **Talk and have fun.** Remember to touch and love baby the whole time.
- **Watch what baby does.** Let baby play with the book if he or she wants to and stop if baby gets upset.
- **Share a book with baby every day.** Even just a few minutes is important.

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**Rhyme for Toddlers**

Red bird, red bird, high in a tree.  
How many red things can you see?  
*(Help your child point to red things in room)*

Blue bird, blue bird, high in a tree.  
How many blue things can you see?  
*(Help your child point to blue things in room)*  
**Continue with other colors...**

**Song for Toddlers**

*Sing to the tune of “Farmer in the Dell”*

Mary is wearing blue,  
Oh Mary is wearing blue.  
Hi-ho the derry-o, Mary is wearing blue.  
Mommy is wearing red,  
Oh Mommy is wearing red.  
Hi-ho the derry-o, Mommy is wearing red.  
**Continue with other names and colors.**

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**What your library can do for you...**

Don't have a library card? You can still visit your library for storytimes or to read with your child. Or you can ask your librarian about how to apply for your own card today!

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**Rhyme for Babies**

*Each time you say “fingers,” wiggle baby’s fingers; each time you say “toes,” wiggle baby’s toes.*

Fingers and toes, fingers and toes.  
Here are you fingers,  
And here are your toes.  
Wiggle your fingers,  
Wiggle your toes.  
Here are your fingers,  
And here are your toes.  
Wave with your fingers,  
Wave with your toes.  
Here are your fingers,  
And here are your toes!

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