To Read or Not to Read
The book, “Scars” by Cheryl Rainfield is a must read for teenagers. From the point of view of fifteen-year-old Kendra, “Scars” will leave you thinking for many weeks to come. “Scars” teaches a person that even if they have problems, with the help of others, they can be fixed. Trying to deal with something on your own can make it harder and you probably won’t have the best results if you attempt this alone. The main reason I would recommend this book is because it is helpful for teens to realize that they are not the only ones out there that have problems. It also shows that talking about problems can drastically help them to get better. Most teenagers in high school feel that there is not anybody in this world who knows what they are talking about or feeling, but in all honesty there are a lot of people that have the same problems in high school. By the time this book is finished teens will come to realize that there is help for their problems and that they shouldn’t be afraid to look for it, even in unexpected places.