



## Nature Books, Resources, and Websites for Parents and Educators

*Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*, by Richard Louv

*I Love Dirt!: 52 Activities to Help You and Your Kids Discover the Wonders of Nature*, by Jennifer Ward

*Nature's Playground — Activities, Crafts, and Games to Encourage Children to Get Outdoors*, by Fiona Danks and Jo Schofield

*A Natural Sense of Wonder: Connecting Kids with Nature through the Seasons*, by Rick Van Noy

*Bringing Nature Home: How You Can Sustain Wildlife with Native Plants, Updated and Expanded*, by Douglas W. Tallamy

*Catch A Fish, Throw a Ball, Fly a Kite: 21 Timeless Skills Every Child Should Know (And Any Parent Can Teach)*, by Jeffrey Lee

*The Unplugged Play Book: The Essential Parents' Guide*, by Bobbi Conner

### Free booklets and tool kits:

- Download a free Nature Clubs for Families tool kit at: [www.childrenandnature.org/movement/natureclubs/](http://www.childrenandnature.org/movement/natureclubs/)
- Parents' Guide to Nature Play: How to Give Your Children More Outdoor Play, and Why You Should! by Ken Finch  
[www.greenheartsinc.org/uploads/A\\_Parents\\_Guide\\_to\\_Nature\\_Play.pdf](http://www.greenheartsinc.org/uploads/A_Parents_Guide_to_Nature_Play.pdf)
- [Great Outdoors America](http://www.orrgroup.org/documents/July2009_Great-Outdoors-America-report.pdf) by the Outdoor Resources Review Group.  
[www.orrgroup.org/documents/July2009\\_Great-Outdoors-America-report.pdf](http://www.orrgroup.org/documents/July2009_Great-Outdoors-America-report.pdf)
- Connecting Today's Kids with Nature: A Policy Action Plan by the National Wildlife Federation. [www.nwf.org/beoutthere/](http://www.nwf.org/beoutthere/)
- Nature Rocks' "Staycation" guide:  
[www.naturerocks.org/uploadedFiles/NatureRocks\\_StaycationGuide.pdf](http://www.naturerocks.org/uploadedFiles/NatureRocks_StaycationGuide.pdf)

### Websites:

- Idaho's Be Outside website: [www.beoutsideidaho.org](http://www.beoutsideidaho.org)
- Idaho Parks and Recreation: <http://parksandrecreation.idaho.gov>
- The Children and Nature Network: [www.childrenandnature.org](http://www.childrenandnature.org)
- The Green Hour, National Wildlife Federation: [www.greenhour.org](http://www.greenhour.org)
- Nature Rocks: [www.naturerocks.org](http://www.naturerocks.org)

