

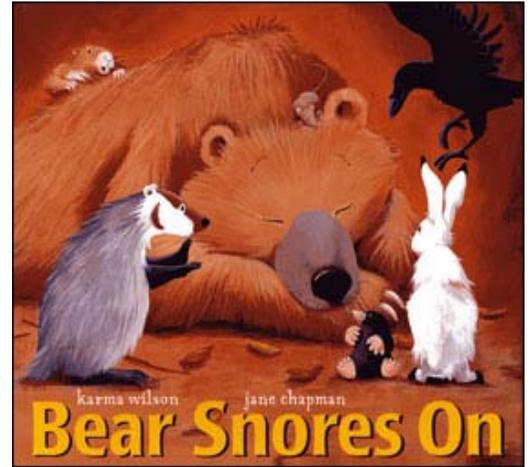
More Ideas for Winter Sleepers program:

Winter Sleepers

Enjoy a story about a bear at rest in Karma Wilson's story, *Bear Snores On*. This enchanting story engages children in learning about animals looking for shelter. Children learn about hibernation and how some animals spend the winter. Participants will create their own bear lairs.

Snacks: Serve Teddy Grahams. Or mix the Teddy Grahams in with trail mix to stretch them for larger groups.

Songs / Stories: Sing *The Bear Went Over the Mountain*. Get everyone involved in the "We're Going on a Bear Hunt" story.



Dramatic Play: If you have a big cardboard box you could cut an opening representing a bear den and let the children climb in and out. You could even put a white tablecloth or batting over it to represent snow. Encourage families to make a bear den at home with blankets over a folding table.

<p>Here is a Cave fingerplay</p> <p>Here is a cave. (Bend fingers to form cave) Inside is a bear. (Put thumb inside fingers) Now he comes out. (Thumb out) To get some fresh air. He stays out all summer In sunshine and heat. He hunts in the forest For berries to eat. (Move thumb in circle) When snow starts to fall He hurries inside His warm little cave (thumb in) And there he will hide. Snow covers the cave Like a fluffy white rug. (cover with other hand) Inside the bear sleeps All cozy and snug.</p>	<p>Grandpa Bear's Lullaby</p> <p>The night is long But fur is deep. You will be warm In winter sleep.</p> <p>The food is gone But dreams are sweet And they will be Your winter meat.</p> <p>The cave is dark But dreams are bright And they will serve As winter light.</p> <p>Sleep, my little cubs, Sleep. ~ by Jane Yolen</p>
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Make a Bear Lair: Create bear caves from brown paper lunch bags. Cut an arch from the bottom fold and secure top of arch with a small piece of craft foam. Place a toy bear or cutout of a bear inside.

Printables and other Resources:

Karma Wilson's web site, www.karmawilson.com , has three *Bear Snores On* reproducible pages and other ideas.

Here are some others to check out:

www.kidzone.ws/lw/bears/activities.htm and www.bear.org



More great books to share:

Sleepy Bear, by Lydia Dabcovich

When Will it be Spring? by Catherine Walters

Time to Sleep, by Denise Fleming

Stay Awake Bear! by Gavin Bishop

A Bed for the Winter, DK Reader

Every Autumn Comes the Bear, by Jim Arnosky

Bears: Polar Bears, Black Bears and Grizzly Bears (Kids Can Press Wildlife Series), by Deborah Hodge

Animals in Winter (Let's-Read-and-Find-Out), by Henrietta Bancroft

We're Going on a Bear Hunt, by Helen Oxenbury

Blueberries for Sal, by Robert McCloskey

Brown Bear, Brown Bear, What Do You See? by Bill Martin, Jr.

Hibernation, by Carolyn Scrace

Animals That Hibernate, by Phyllis Jean Perry

A Bed for the Winter, by Karen Wallace

When Winter Comes, by Nancy Van Laan

Who Lives in the Snow? by Jennifer Jones

A Little Bit of Winter, by Paul Stewart

What Do Animals Do in Winter? by Melvin Berger

Why Do Bears Sleep All Winter?: A Book About Hibernation (First Facts), by Duden and Jane

