

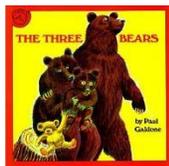
# Curl Up with a Classic

## Preschool Storytime- *The Three Bears* theme

Bears have been a favorite with children over the years, so use these classic books to build on that theme. They can be invited to bring their own teddy bears or stuffed animals, and “curl up with a classic”.

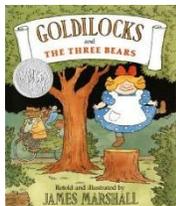
### Books:

#### *The Three Bears*, by Paul Galdone

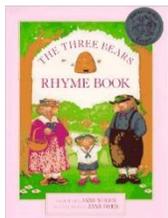


This classic children’s story describes the adventures of Goldilocks who enters the house of the three bears while they are not home. What will she find, and what will she do? Find out what happens when the bears come home and find her in their beds.

#### *Goldilocks and the Three Bears*, by James Marshall



This version of The Three Bears has a little bit different spin on the story. It is told with light-hearted humor, and James Marshall received a Caldecott Honor Medal for the illustrations.



#### *The Three Bears Rhyme Book*, by Jane Yolen

Renowned children’s author Jane Yolen has composed fifteen poems that relate to the story of the Three Bears. Several of the poems have become classics. This book is also available in Spanish.

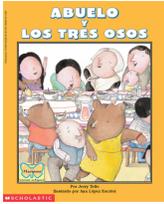


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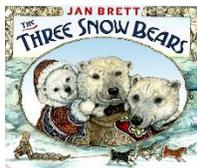


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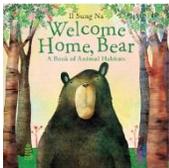
## ***Abuelo y los tres osos/ Abuelo and the three bears, by Jerry Tello***

This bilingual version brings a Hispanic flavor to this classic tale. They serve frijoles instead of porridge, and the little girl does not have golden hair, but black. This book is written in a flip-over format.



## ***The Three Snow Bears, by Jan Brett***

Jan Brett likes to re-tell classic stories in unique ways. She has set the Three Bears in Alaska, with native Inuit art and traditions included in the storyline and illustrations.



## ***Welcome Home Bear: A Book of Animal Habitats, by Il Sung Na***

Bear decides he is tired of living in the forest and travels the world checking out different animal habitats. The charming pictures describe the variety of homes that Bear could live in. Which one will he choose?

## **Songs:**

### **Goldilocks and the Three Bears**

When Goldilocks crept through the house of the bears,  
Oh, what did her blue eyes see?  
A bowl that was big,  
A bowl that was small,  
A bowl that was teeny, and that was all,  
She counted them: one, two, three.

When Goldilocks crept through the house of the bears,  
Oh, what did her blue eyes see?  
A chair that was big,



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A chair that was small,  
A chair that was teeny, and that was all,  
She counted them: one, two, three.

When Goldilocks crept through the house of the bears,  
Oh, what did her blue eyes see?  
A bed that was big,  
A bed that was small,  
A bed that was teeny, and that was all,  
She counted them: one, two, three.

When Goldilocks crept through the house of the bears,  
Oh, what did her blue eyes see?  
A bear that was big,  
A bear that was small,  
A bear that was teeny, and that was all,  
Who snarled at her, one, two, three!

<http://www.kididdles.com/lyrics/g051.html>

## The Three Boppin' Bears Rap

Once upon a time in the middle of the woods  
Lived the three bears. Yeah! Yeah! Yeah!  
One was the papa bear, one was the mama bear,  
And one was the wee bear. Yeah! Yeah!  
They went to take a walk in the big woods.  
Along came the girl with the golden curls.  
Her name was Goldilocks,  
And upon the door she knocked,  
But no one was there. Yeah! Yeah!  
So she walked right in and  
Had herself a bowl of porridge.  
She didn't care!



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Home, home, home came the three bears.  
"Someone's been eating my porridge,"  
said the papa bear. Yeah! Yeah!  
"Someone's been eating my porridge," said the mama bear. Yeah! Yeah!  
"Ba ba ba re bear," said the little wee bear.  
"Someone's been eating my soup ð OOO!"  
Just then Goldie woke up ð AAA!  
She broke up the party, and she beat it out of there!  
"Good-bye, good-bye, good-bye," said the papa bear.  
"Bye, bye, bye," said the mama bear.  
"Ba ba ba re bear," said the little wee bear.  
So ends the story of the three bears!

[http://www.drjean.org/html/cds\\_f/silly\\_lyrics4.html](http://www.drjean.org/html/cds_f/silly_lyrics4.html)

## Action Rhymes and Fingerplays:

### Teddy Bear, Teddy Bear

*(Do actions as indicated)*

Teddy Bear, Teddy Bear, turn around,  
Teddy Bear, Teddy Bear, touch the ground  
Teddy Bear, Teddy Bear, show your shoe  
Teddy Bear, Teddy Bear that will do!  
Teddy Bear, Teddy Bear, go upstairs  
Teddy Bear, Teddy Bear, say your prayers  
Teddy Bear, Teddy Bear, turn out the lights  
Teddy Bear, Teddy Bear, say good-night!



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**Pease porridge hot**

Pease porridge hot,

Pease porridge cold,

Pease porridge in the pot

Nine days old.

*Traditional nursery rhyme*



To the tune of "Three Blind Mice"

<https://www.pinterest.com/elsalena/kinder/>



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## Arts and Crafts:

### Paper plate bears



### Materials needed:

Paper plates- two sizes

Googly eyes

Brown paint

Light brown construction paper

Heart shaped foam stickers

Markers

Glue

To make these into puppets, cut plain paper plates in half and staple one half onto the painted plate around the edges. It forms a pocket for an adult or child to put their hand in.



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Sew fleece bears to re-enact the story or as a take-home project-

<http://www.mamasmiles.com/downloads/teddy-bear-pattern/>



## Math:

### Bear sorters

Use materials to make comparisons- big bowl, medium bowl, little bowl; big chair, medium chair, little chair; make beds out of cardboard boxes- big, medium, little; big bear, medium bear, little bear



## Literacy activities:

- Have the children change the ending of the story
- Create a bear den out of a large cardboard box
- Have children suggest different names for big, medium, and little- small, large, tiny, wee, humongous, etc.
- Make a map from Goldilock's house to the Three Bear's house in the forest



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## Cooking:

### Porridge recipe

- 1 cup water
  - ½ cup oats
  - brown sugar
  - milk
1. Combine water and oats in medium saucepan over a medium heat. Cook, stirring about 5 minutes or until porridge is thick and creamy.
  2. Place in bowl.
  3. Add a bit of milk so it goes around the edges and covers slightly.
  4. Sprinkle with brown sugar to taste.
  5. If you want a creamier porridge make with milk instead of water.

<http://www.food.com/recipe/three-bears-porridge-182098>

## Gummy bears experiment

Materials needed:

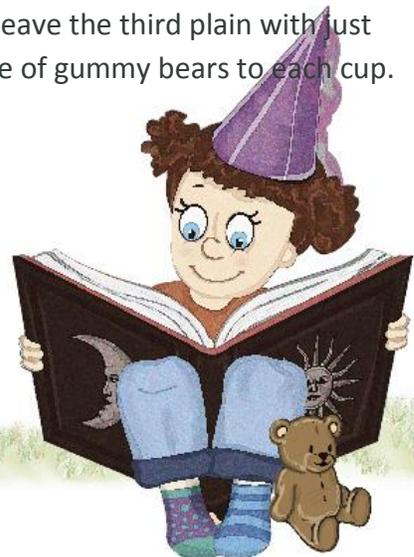
- Gummy bears
- Three glass cups
- 1 teaspoon sugar
- 1 teaspoon salt

Measure the length of the gummy bears and record the size on a piece of paper. Fill the cups with warm water and add salt to one cup, sugar to another, and leave the third plain with just water. Stir the salt and sugar a little to dissolve, then add a couple of gummy bears to each cup.



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Let them sit in the cup for 3-24 hours and see how they've grown. Measure them again and record the length.

## Three Bears Toast

Toast bread and spread with peanut butter. Top with banana slices and blueberries to create a family of bears.



## Science:

### Porridge playdough

- 2 cups plain flour
- 1 cup salt
- 2 tablespoons oil
- 2 tablespoons cream of tartar
- 2 cups of \*boiling\* water
- 1-2 cups of porridge oats (oatmeal)

Mix in the dry ingredients. Add the oil and stir through. Add the cups of boiling water, one at a time, stirring vigorously between each cup.



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When cool enough, tip it onto a surface and knead it until it stops being sticky.  
Add the porridge oats to make the desired consistency.

<http://theimaginationtree.com/2011/09/porridge-oats-playdough.html>

## Bulletin boards:



<http://beckycastlethebarefootteacher.blogspot.com/2013/07/bablo-and-friendsforest-themed.html>



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