



# 2023 Teen Convening Agenda

March 1 & 2, 2023  
The Riverside Hotel  
Boise, ID

## Goals:

- Develop skills to help tweens and teens plan and engage in futures thinking activities.
- Understand key teen mental health concepts and resources.
- Learn how to use gaming to help tweens and teens build social-emotional skills.

## Day 1: Wednesday, March 1

|                       |  |
|-----------------------|--|
| 8:00 a.m. – 9:00 p.m. | Breakfast / Registration                         |
| 9:00 a.m. – Noon      | Workshop: Futures Thinking For and With Teens    |
| Noon – 1:00 p.m.      | Lunch / Futures Thinking Activity                |
| 1:00 p.m. – 3:00 p.m. | Idaho Lives Project: Suicide Prevention Training |
| 3:00 p.m. – 3:15 p.m. | Break / Snack                                    |
| 3:15 p.m. – 3:45 p.m. | Teen Mental Health Resources in Idaho            |
| 3:45 p.m. – 4:15 p.m. | Middle School Brain Development                  |
| 4:15 p.m. – 5:00 p.m. | Panel: Teens in the Library                      |

## Day 2: Thursday, March 2

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|-----------------------|--|
| 8:00 a.m. – 9:00 p.m. | Breakfast / Sign In / Networking                         |
| 9:00 a.m. – Noon      | Workshop: Help Teens Level Up with Gaming in the Library |
| Noon – 1:00 p.m.      | Lunch / Networking                                       |
| 1:00 p.m. – 2:00 p.m. | Lightning Talks: Gaming Resources                        |
| 2:00 p.m. – 2:30 p.m. | Panel: Games at the Library                              |
| 2:30 p.m. – 2:45 p.m. | Break / Snack  |
| 2:45 p.m. – 3:45 p.m. | Table Topics   |
| 3:45 p.m. – 4:00 p.m. | Wrap Up  |