

Read, Write, Sing, Talk, Play - Every Day!

December 2023

Did you know ...

?

It is never too early to introduce babies to books. Board books have pages that are heavy, sturdy, and laminated. They are perfect for little hands. Babies and toddlers explore their world by putting things into their mouths, including books. This is normal, which is why board books are a great choice for young children.

Books don't have to be read from front to back at this age. You can take a "book walk" by turning the pages and pointing to pictures. Name the pictures as you look at them to help build your child's vocabulary. Touch the words on a page or in speech bubbles to draw attention to the printed words.

Take time to look at and read books with your little one every day, let them see you reading, and begin showing them the print that is around them.

Here's how ...



For toddlers:

- Point out street signs as you walk or drive around town with your child. Talk about the color, shape, and words on signs so they will be aware that signs have meaning.
- Point out letters, numbers, and shapes on your child's clothing. Say "Oh look, there is a circle on your shirt" and trace it with your finger.
- Let your child have opportunities to play with writing and drawing.
- Show your child menus, recipe cards, grocery lists, etc., and explain how the print is used.

Read



The Pigeon Has Feelings, Too! by Mo Willems



Pigeon is known for being a bit emotional... You and your child will share some laughs as you talk about the different ways Pigeon shows how he really feels.



The "A Smidgeon of Pigeon" board books are just right for babies and toddlers.

Enjoy more Pigeon books in hardcover or paperback:

Don't Let the Pigeon Drive the Bus!

Don't Let the Pigeon Stay Up Late!

The Pigeon Finds a Hot Dog!

The Pigeon Wants a Puppy!

The Pigeon Needs a Bath!

Choosing Books



More books to help your child begin to see print:

Kitten's First Full Moon by Kevin Henkes
Overboard! by Sarah Weeks
Tall by Jez Alborough
Dear Zoo Rod Campbell
Shh! We Have a Plan by Chris Haughton
Trucks (Baby Touch and Feel) by DK
Peek-a-Who? by Nina Laden
Toes, Ears, and Nose by Karen Katz



Sing



Using real photos of your child/family or pictures cut from magazines, create a Feelings Book. Find pictures of different feelings such as happy, sad, angry, frustrated, surprised, scared, excited and put them in a photo album or scrapbook. (You can also staple several pages of paper together at the edge.) Look at the book with your child and ask questions about the feelings shown in the photos.

Ready to Write



Put a little washable paint, shaving cream, or pudding in a sealed plastic bag and tape the

opening so that it can't be opened. Let your baby slap, pat, and squeeze the bag. Let your toddler use their fingers to draw lines and shapes.



Play



Head and Shoulders Baby

Head and shoulders baby, 1, 2, 3. Head and shoulders baby, 1, 2, 3 Head and shoulders, head and shoulders, Head and shoulders baby, 1,2, 3.

Hips and thighs baby...
Knees and ankles baby...
Do the twist baby...
Eyes and ears, baby...
Tummy and back, baby...
Shake them all, baby...
Scooby-dooby, baby...



See a video of this rhyme from our friends at the King County Library System:

That's the end, baby...

https://kcls.org/content/head-and-shoulders-baby/

If You're Happy and You Know It

If you're happy and you know it, clap your hands. (*clap clap*)

If you're happy and you know it, clap your hands. (*clap clap*)

If you're happy and you know it, then you really ought to show it.

If you're happy and you know it, clap your hands. (*clap clap*)

Additional verses:

If you're happy and you know it, stomp your feet. (*stomp stomp*)

If you're happy and you know it, shout hooray! (hooray!)

If you're happy and you know it, do all three! (clap clap, stomp stomp, hooray!)

Hear song at www.thelearninggroove.com/if-youre-happy-and-you-know-it

At your library ...



Don't have a library card? You can still visit your library for storytimes or to read with your child. Ask your librarian about how to apply for your own card today!