

# Teen Connection Kit: Knitting & Crocheting

## Description

Knitting and crocheting are sustainable, creative hobbies that can also help reduce anxiety. Foster community with other teens by learning to knit or crochet together. Make your own clothes, accessories, and more!

## Contents

**Book:** *Brochet* by Steven Borzachillo

**Book:** *Knitstrips: The World's First Comic-Strip Knitting Book* by Alice Ormsbee Beltran and Karen Kim Mar

**Pamphlet:** *Knit Dishcloths for Beginners*

**Pamphlet:** *Crochet for Beginners*

**Travel Kit:** Various hooks, needles, rulers, etc.

**Bag of Yarn**

## Additional Resources

<https://www.ravelry.com>

<https://www.craftyarncouncil.com>

<https://www.knittingforall.com/young-people-knit>

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