

CREATIVE AGING

IN THE WESTERN STATES INITIATIVE

arts
IDAHO

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A State of Idaho agency
under the Office of the Governor

Enable access to the arts, arts education, and the
cultural and artistic heritage of all Idahoans

Laura Roghaar, DIRECTOR OF ARTS LEARNING SERVICES

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I support professional organizations for arts educators, administer grants for arts education, and run programs that train teaching artists and arts education administrators to help amplify their impact!



Boise Contemporary Theater

CREATIVE AGING INITIATIVE MEETING OUTCOMES



iPad photography class in Boise Veterans' Home

Outcome 1

Understand the Creative Aging model and why the State of Idaho is engaged in this pilot work



Celebrating the end of a drawing class in Pocatello Veterans' Home

Outcome 2

Determine whether an artist-led workshop is right for older adult patrons in your library

WHAT IS CREATIVE AGING?

The Creative Aging Arts Education Model is proven to improve older adults' health and wellness, bringing a revived sense of self and purpose to their lives. While these instructional programs are responsive, they share key elements.

These programs:

- Are led by practicing teaching artists (non-volunteers)
- Build artistic skills over time (across all disciplines)
- Integrate social engagement
- Include a culminating event to publicly celebrate older adults' creativity

[Link to Video](#)

Source: Lifetime Arts

SEEKING HOST LIBRARIES

- We are looking for libraries that wish to host a hands-on, artist-led workshop geared toward serving older adults
- Workshops can focus on the art form of your choosing (memoir writing, crochet, leatherworking, etc!)
- Workshops will be ~8 weeks long
- Conclude with a culminating event celebrating the workshop

PROJECT TIMELINE

- **August 1-30:** Invite prospective site partners, libraries and arts and cultural nonprofits
- **September 1-29:** Meet with prospective site partners
- **September 30:** Identify 5 pilot residency sites
- **November 8:** Teaching artists and site contracts confirmed
- **January-May:** Workshops underway; 2-3 remote meetings with cohort of site hosts
- **June 6, 2024:** Creative Aging Statewide Convening in Boise

RESPONSIBILITIES

Arts Idaho will:

- Select host sites
- Contract with partner libraries to create and assess workshops
- Help find a teaching artist
- Study these pilot workshops to learn more about the Creative Aging model in Idaho

Library partners will:

- Choose artistic discipline
- Confirm teaching artist and help them meet library protocols for guest facilitators
- Schedule and promote the workshop
- Purchase supplies
- Pay the teaching artist
- Provide space and a staff member to help facilitate
- Participate in program cohort meetings and assessment (<3 hours)

FINANCIAL DETAILS

- Lifetime Arts is funding this initiative through a grant from the Smith Charitable Trust
- Arts Idaho would contract with your library for \$2,000 to complete one 8 week workshop and assessments
- **Using contract funds, your library would pay the teaching artist and procure materials**

NEXT STEPS

Interested libraries can email Laura.Roghaar@Arts.Idaho.gov.

We'll schedule an initial interest meeting to talk about your dreams for a creative workshop for older adults.



Artist Kelsey Grafton teaching charcoal drawing in Lewiston Veterans' Home