

Teen Connection Kits Shopping List

Here is an itemized list of everything that was purchased for the Teen Connection Kits. A few important notes:

- Most of these items were purchased in November/December 2021 and January 2022.
- Many items were purchased in bulk or at a discount, and the price shown in the linked image is not necessarily the price that ICfL paid.
- Many of the books were purchased through Ingram. Since you need a login to access items in Ingram, I've included direct links to the publisher or Amazon.

Birdwatching (2022)

Item	Vendor
Book: Birding is My Favorite Video Game by Rosemary Mosco	Ingram
Monocular with Smartphone Holder	Amazon
Sibley's Backyard Birds of Rocky Mountain States (folding guide)	Ingram
Waterproof Birder's Journal	Amazon
Container: Really Useful Box (3 Liters) 6 ½ x 7 ¼ x 9 ½	Office Depot

Bookmaking (2022)

Item	Vendor
Book: Making Handmade Books by Alisa Golden	Ingram
Book Binding Kit for Beginners	Amazon
Book Binding Guide	Amazon
Journaling Stencils	Amazon
Container: Really Useful Box (9 Liters) 10 ¼ x 14 ½ x 6 ¼	Office Depot

Cooking (2022)

Item	Vendor
Knives with Protectors	Amazon
Knife Organizer	Amazon
Dash Mini Portable Grill/Panini Press	Amazon
Bowls, Measuring Cups, & Measuring Spoons	Amazon
Book: 101 Ways to Cut a Potato by Benjamin James Freeman-Prichard	Ingram
Book: The New Cookbook for Teens by Daniels Holmes	Ingram
Container: Really Useful Box (32 Liters) 19 x 14 x 12	Office Depot

Dungeons & Dragons (2022 & 2023)

Item	Vendor
Dungeons & Dragons Starter Set	Ingram
D & D Player's Handbook	Ingram
D & D Dungeon Master's Guide	Ingram
D & D Monster Manual	Ingram
Container: Really Useful Box (8.1 Liters) 14 x 11 x 5	Office Depot

Make, Mend, Repair (2022)

Item	Vendor
Book: Dare to Repair, Replace & Renovate by Julie Sussman and Stephanie Glakas-Tenet	Ingram
Book: Visible Mending by Arounna Khounnoraj	Ingram
Tool Kit	Amazon
Sewing Kit	Amazon
Small Screwdriver Set	Amazon
Laser Level	Amazon
Small Weaving Loom	Amazon
Container: Really Useful Box (19 Liters) 14 ½ x 10 ¼ x 11 ¼	Office Depot

Ukulele (2022 & 2023)

Item	Vendor
Book: Billie Eilish for Ukulele by Billie Eilish	Ingram
Book: How to Play Ukulele: A Complete Guide for Beginners by Dan Scanlan	Ingram
Ukulele (includes case, auto tuner, picks, extra string, chord chart, and strap)	Amazon
Container: IRIS Stack and Pull Storage Box (26.95 Quarts) 22 x 16 ½ x 26.9	Amazon

Vlogger (2023)

Item	Vendor
Movo iVlogger Kit for iPhone (includes phone tripod, phone mount, LED light, and shotgun microphone kit)	Amazon

Mindfulness for Teens (2024)

Item	Vendor
Book: 5-Minute Mindfulness Meditations for Teens by Nicole Libin	Amazon
Book: Star Wars: Be More Yoda: Mindful Thinking from a Galaxy Far Far Away by Christian Blauvelt	Ingram
Book: Mindfulness for Teens in 10 Minutes a Day: Exercises to Feel Calm, Stay Focused & Be Your Best Self by Jennie Marie Battisin	Amazon
Mindfulness Cards: Simple Practices for Everyday Life	Amazon
Head Rush – Mindfulness Games	Amazon
100 Mindful Prompts for Self-Care & Stress Relief	Amazon
Yoga & Mindfulness Practices for Teens Card Deck	Amazon

Teen Mental Health (2024)

Item	Vendor
Book: (Don't) Call Me Crazy: 33 Voices Start the Conversation about Mental Health by Kelly Jensen (only available in select kits)	Ingram
Book: Life Inside My Mind: 31 Authors Share Their Personal Struggles by Maureen Johnson, et. al.	Amazon
Book: A Growth Mindset for Teens by Sydney Sheppard	Amazon
Book: Your Brain Needs a Hug: Life, Love, Mental Health, and Sandwiches by Rae Earl	Amazon
Stress Relief & Selfcare Cards	Amazon
Self-Esteem Thumball	Amazon
The Calm Ball	Amazon
Affirmation Cards	Amazon

Teen Anxiety Kit (2024)

Item	Vendor
Book: Anxiety...I'm So Done With You by Jodi Aman	Amazon
Book: Anxiety is Really Strange by Steve Haines	Amazon
Book: Anxiety Relief for Teens by Regine Galanti	Amazon
Book: Mindfulness for Teen Anxiety by Jamie D. Roberts	Amazon
Marble Mesh Fidget Set	Amazon
Snap and Click Fidget Set	Amazon
Cards Against Anxiety	Amazon
The Awkward Yeti Anxiety Attack! Card Game	Amazon

Rock Tumbling Kit (2024)

Item	Vendor
Book: My Book of Rocks and Minerals by Devin Dennie (DK)	Amazon
National Geographic Starter Rock Tumbling Kit	Amazon
National Geographic Tumbler Refill Kit - 1 lb.	Amazon
National Geographic Bulk Grit Refill Kit	Amazon

Sketching Kit (2024)

Item	Vendor
Book: Beginner's Guide to Drawing Manga by 3D Total Publishing	Amazon
Book: 642 Tiny Things to Draw by Chronicle Books	Amazon
Book: Sketch Everyday by Simone Grunewald	Amazon
Book: Mindful Sketching by Peggy Dean	Amazon
Wooden Artist's Model	Amazon
Caliart Drawing Supplies	Amazon
Art Dice	Amazon
Mythical Creatures Art Prompts	Amazon